



## What To Bring To Camp; Listed By Program: **-St. Albans Location-**

### **Girls Lacrosse Camp**

#### *Recommended*

- Lacrosse Stick, Mouth guard
- Sunscreen
- Comfortable athletic clothing & sneakers or cleats
- Lunch (For full day campers)
- Snack (Only for campers 6 years old and under regardless of full or half day enrollment)

#### *Optional*

- Water Bottle (we provide plenty of water at all times)

**\*\*Please be sure to label all equipment with camper name**

### **Soccer Camp**

#### *Recommended*

- Soccer Ball
- Shin Guards
- Sunscreen
- Comfortable athletic clothing & sneakers or cleats
- Lunch (For full day campers)
- Snack (Only for campers 6 years old and under regardless of full or half day enrollment)

#### *Optional*

- Water Bottle (we provide plenty of water at all times)
- Hat for sun protection

**\*\*Please be sure to label all equipment with camper name**

### **Basketball Camp**

#### *Recommended*

- Comfortable athletic clothing & sneakers or basketball shoes
- Lunch (For full day campers)
- Snack (Only for campers 6 years old and under regardless of full or half day enrollment)

#### *Optional*

- Basketball (we provide plenty of basketballs)
- Water Bottle (we provide plenty of water at all times)

**\*\*Please be sure to label all equipment with camper name**

### **Sports, Games, & Swimming Camp**

#### *Recommended*

- Swimsuit every day
- Towel every day
- Sunscreen
- Comfortable athletic clothing & sneakers
- Lunch (For full day campers)
- Snack (Only for campers 6 years old and under regardless of full or half day enrollment)

#### *Optional*

- Water Bottle (we provide plenty of water at all times)
- Hat for sun protection

**\*\*Please be sure to label all equipment with camper name**

## **All General Day Camps (Day, Science, Magic, and Cooking\*\* Camp)**

### ***Recommended***

- Comfortable camp clothing & sneakers
- Swimsuit, Towel, and Sunscreen (Tuesday thru Friday only)
  - For Water Play (Woods Academy School)
  - For Swimming (St. Albans School)
  - \*\*No water activity or swimming for Cooking Camp
- Lunch (For full day campers)
- Snack (Only for campers 6 years old and under regardless of full or half day enrollment)

### ***Optional***

- Money for Gatorades (\$2 per Gatorade)

**\*\*Please be sure to label all equipment with camper name**